

**Web Resources for Self-Study**

* www.acestoohigh.com
* www.resiliencetrumpsaces.org
* www.traumasensitiveschools.org
* www.learning2breathe.org
* www.dpi.wi.gov/sspw/mhtrauma.html
* www.childtrauma.org
* www.nctsnet.org
* www.zonesofregulation.com
* www.everydaymatters.com
* [www.healingneen.com](http://www.healingneen.com) (video below)
* <https://www.youtube.com/watch?v=IUJPJ4eW8kQ>

**Books**

* The Mind Up Curriculum
* Supporting and Educating Traumatized Children Edited by Rossen and Hull
* 8 to Great by MK Mueller
* Ending the Shame by Barbara Oehlberg

**Our Local Movement**

* **Facebook.com/TraumaMattersKC**
* **Subscribe to the Resiliency Register!**

**Email beth.sarver@tmcmed.org**